



# Hosted by Toukon Ryu Karate Toukon Ryu Karate Club Tournament 2016



NAME:				AGE:	
EMAIL:					
PHONE:				CLUB:	
GRADE:	WEIGHT	N/A	SEX:	Male / Female	

## TOURNAMENT DECLARATION

- I am aware that participation in martial arts, including Toukon Ryu tournaments, as with most sports contains a risk of injury.
- I the undersigned in consideration of my acceptance of my entry in the above event for myself, my heirs, executors and administrators, hereby waive all and any claims arising from the fight of cause of action, which I or they might otherwise have arising out of any loss of life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry in the said event.
- This waiver, release and discharge shall be and operates separately in favour of all persons, corporations, and bodies involved or otherwise engaged in promoting or staging the event.

Signed	Date	Parent or Guardian Signature if under 18yrs				
AGE GROUPS	<b>DIVISIONS (pls tick which ones you would like to enter )</b>					
	Individual Kata	Points Kumite Non Contact	Continuous Kumite	Weapons Kata		
Up to 7yrs Male & Female						
8- 10 yrs Male & Female						
11 - 13 yrs Male & Female						
14 - 16 yrs Male						
14 - 16 yrs Female						
17 - 20 yrs Male						
17 - 20 yrs Female						
21 + Male						
21 + female						

**Depending on the number and range of applications received, divisions maybe merged.**

Grade Groups	10th - 7th kyu	6th - 4th kyu	3rd kyu and Above
<b>Please circle Appropriate Grade Group</b>			

Entry Fees:	1 - 2 events \$50		Please
	3 or more events \$45		Tick

**Please hand fees in with Entry: Chq's payable to Toukon Ryu Karate**  
or Internet transfer to: 12 - 3085 - 0476051 - 00

### **SAFETY EQUIPMENT IS COMPULSARY**

Mouth Guard, Groin Guard ( All Boys ), Hand protectors , Shin Protectors  
NOTE: Chest Guards compulsory for Women 12yrs and above

## Explanation of Divisions

### **Points Kumite**

**ALL POINTS KUMITE IS STRICTLY NON CONTACT ALL GRADES**

### **Kata**

All non Black belts can perform any Kata they wish and it may be repeated in each round.  
ALL BLACK BELTS MUST perform a different kata in each round until the finals. In the finals a kata may be repeated but not consecutively

### **Continuous Kumite**

Continuous Kumite is Tap Contact to the Body and legs etc and Strictly No Contact to the Head or Face

### **Weapons Kata**

The weapon MUST NOT travel outside the ring perimeter.  
The Weapon CANNOT touch the Mats.  
limit is max 3 min.

**Saturday 2nd July 2016**

**AB's Gym , 552 Glenfield Rd, Glenfield**

**Doors Open at 1.30pm, Competition starts at 2.00pm, Timetable will be Emailed before competition Day**